



Government of the Republic of Trinidad and Tobago
Ministry of Health

Make Antenatal or Prenatal Care a routine for every pregnancy

Every pregnancy is different, therefore, customized care needs to be provided based on your changing circumstances.

Antenatal care includes the following:

- Keeping track of the development of the unborn baby
- Screening, in which early detection of developing conditions can be identified.
- Prescription of required vitamins and minerals.
- Advice on immunization (vaccines) required.
- Scheduled testing for various disorders including, but not limited to, sexually transmitted diseases and diabetes.
- An opportunity for health education.



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